



Goal: Develop new skills and confidence to facilitate effective and extraordinary groups.

Those who could benefit:

- Managers, team leaders, project managers, facilitators
- Those leading change initiatives
- Those new to supervision or group facilitation
- Those seeking a new level of mastery

Is this program for you?

- Are you sometimes fuzzy what the meeting is about?
- Do you leave the meeting wondering if participants will follow-through?
- Do you feel like you are not getting the best from your team?
 - Do you wish they were more engaged in problem-solving and sharing their best ideas?
 - Would you like them to ask questions and give feedback without putting others on the defensive?
 - Do you wish they could work through their differences and maybe learn something new about themselves?
- Would you like to learn how to handle conflict and disruptive behavior in groups?
- Would you like to learn how to manage your own anxieties and ego when others challenge you?

If you answered yes to any of these questions, this program is for you.

Program Overview:

This is a professional development program that will focus on building self-awareness as well as group-awareness. We will go beyond the basics of building an agenda and managing time to managing conflict, power dynamics, and identifying strategies and personal choices to get groups back on track when things go awry. We will explore how to manage groups and group processes to implement and sustain planned change. The program will help you build skills and confidence to address a variety of challenges and opportunities that emerge through the human dynamics of groups.



The program has two primary components:

1) Group Learning Process

- Learning facilitation models and techniques to move groups forward
- Understanding the guiding principles of: conscious use-of-self, sound and current data, feedback, learning from differences, systems view, and support systems
- Co-designing group processes for real-life situations
- Managing roles of leader and facilitator
- Facilitating from any seat

2) Individual Coaching

- One-on-one coaching on specific needs

The Art of Group Facilitation | 2017

Time Frame:

- Three full-day group learning sessions September – November 2017. Meeting will be Thursdays from 8:30am to 4:30pm on **September 14, October 12, November 16**
- 2-4 hours of individual coaching between meetings.

Location: TBD in Anchorage, AK

Class Size: 12-20

Cost: Corporate rate: \$1,125 (early bird special: \$900)
Non-profit rate: \$900 (early bird special: \$750)
Early bird rates: payment due by August 14, 2017

Facilitator: J. Gwen Kennedy, Ph.D.
Kennedy & Associates
907-337-4562 (office) 907-317-4562 (cell)
E-mail: gwen@gkennedy.com website: www.gkennedy.com